



Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Mill Lee Road Hill Climb Start Sheet



The Course

OHC18

Course Description

Start on Mill Lee Road at the Derestriction sign just south of The Plough PH. Proceed uphill and keep left before grassy triangle at Hoar Stones Road junction to finish at top edge of first gully grate on left hand side <u>https://www.strava.com/segments/21462022</u>



Key Stats Distance: 400m Height Gain: 48m Average Gradient: 10.9% Max Gradient: 13% Men's CR: 0:48.1 (Calum Brown, 2019) Women's CR: 1:14.1 (Rebecca Richardson, 2020)



Race Weather Forecast Courtesy of our sponsors MyWindsock

Rider Instructions

Race HQ

The Plough Inn (postcode: S6 6HW)



We have kindly been allowed to set up sign on in the garden of The Plough Inn, Low Bradfield. We hope to use this HQ in future years so ask riders to use the parking and toilet facilities in low Bradfield rather than the pub itself (see map below). Please remember to sign out at the HQ.

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Toilets – Low Bradfield public toilets

HQ – Garden of The Plough Inn



HQ

Parking – The Sands car park (additional on street parking available around the village)

No Parking – On or near the course or at the Plough Inn

Nether Farm



OHC18 Course

Rider List

Start	Start Time	Rider	Club	Gender	Category
Number 1	15:01:00	Tom Andrews	Team Lifting Gear Products	Male	Senior
2	15:02:00	Paul Armstrong	Team Lifting Gear Products	Male	Senior
3	15:03:00	Lewis Smith	Sheffield Youth Cycling Club	Male	Juvenile
4	15:04:00	Leo Guilfoyle	FTP (Fulfil The Potential) Race Team	Male	Junior
5	15:05:00	Evan Schofield	D2D Sheffield RT	Male	Junior
6	15:06:00	Barry McDonald	Datalynx-Parenesis Cycling	Male	Veteran
7	15:07:00	Peter Down	Tickhill Velo Club	Male	Veteran
8	15:08:00	Kevin Raine	myhillcycling.co.uk	Male	Veteran
9	15:09:00	Richard Stoodley	TrueSapien	Male	Veteran
10	15:10:00	Alastair Merrill	VC 10	Male	Veteran
11	15:11:00	John Hind	Bolsover and District CC	Male	Veteran
12	15:12:00	Stuart Bolton	Sheffrec CC	Male	Veteran
13	15:13:00	Ewen Ross	Velo Bavarian	Male	Veteran
14	15:14:00	Simon Warren	Norwood Paragon CC	Male	Veteran
15	15:15:00	Chris Kaye	Ilkeston Cycle Club	Male	Veteran
16	15:16:00	Darren Miller	Fusion Cycling Club Dronfield	Male	Veteran
17	15:17:00	Jake Wade	COBL Cycling Club	Male	Senior
18	15:18:00	Tom Garnett	Geared Up & CN Cycles RT	Male	Senior
19	15:19:00	Phillip Evans	Beeston Cycling Club	Male	Senior
20	15:20:00	Paul Shardlow	Rapha Cycling Club	Male	Senior
21	15:21:00	James Byatt	Ilkeston Cycle Club	Male	Senior
22	15:22:00	Gregg Booker	SUMMAT CC	Male	Senior
23	15:23:00	Lilja Raine	JRC Interflon Race Team	Female	Junior
24	15:24:00	Sonia Insley	Bolsover and District CC	Female	Veteran
25	15:25:00	Nicola Soden	Datalynx-Parenesis Cycling	Female	Senior
26	15:26:00	Emilie Verroken	Team Lifting Gear Products	Female	Veteran
27	15:27:00	Mary Wilkinson	Team Boompods	Female	Veteran
28	15:28:00	Nicholas Latimer	Team Lifting Gear Products	Male	Veteran
29	15:29:00	Kieran Wynne-Cattanach	Team Lifting Gear Products	Male	Senior

Further Information

Start Order

Riders competing in both of our races will have the same number for Pea Royd Lane and Mill Lee Road. LGP riders are set off in two groups at the start and end of the field to allow them to race and help run the race. As far as possible we have tried to keep riders in the same race category together

Prizes

All profits raised from this event will be donated to Yorkshire Cancer Research. No cash prizes will be handed out.

We will however be awarding some highly sort after Team Lifting Gear Products x York Cancer Research aero socks as spot prizes after our 2nd race at Mill Lee Road

With Thanks to

Time Keepers Christine Minto Phil Minto Event Helpers The K/Qomprendos Results TheVO2Project Itd. Quick Timesheet Our Team Sponsors Lifting Gear Products TheVO2Project MyWindsock.com Skyhook Coaching Services Zed Bike Wheels